

# ALLERGEN INFORMATION

## OCTOBER 2024

Symbol	Meaning
Y	Ingredients suitable for vegetarian / vegan diet
X	Allergen contained in the ingredient
MC	May Contain - the allergen is present at the ingredients manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient

All food is freshly prepared in our kitchens and, while we have controls in place to minimise cross-contamination, many allergens are handled in store and we cannot guarantee that our food will be allergen free or that it will be suitable for those with allergies. Our vegan items are made to vegan recipes. However, they are not suitable for those with dairy & egg allergies.

	Ingredient suitable for vegetarians	Ingredient suitable for a vegan diet	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Cereals containing gluten					Sulphites	Celery	Mustard	Lupin	Molluscs
											Wheat	Barley	Oat	Rye	Spelt					
<b>Bread</b>																				
Italian White Bread	Y	Y							X		X									
Wholegrain Bread	Y	Y							X		X	X								
Wheat Bread	Y	Y							X		X	X	X	X						
Hearty Italian Bread	Y	Y							X		X									
Italian Herb & Cheese Bread	Y				X				X		X									
Honey & Oat Bread	Y								X		X	X	X	X						
Jalapeños Cheese Bread	Y				X				X		X				X					
Gluten-Free Bread*	Y	Y																		
Plain Tortilla Wrap	Y	Y									X									
<b>Meat, Poultry, Fish, Eggs &amp; Plant-Based Proteins</b>																				
Roast Chicken Breast Strips / Ham† / Turkey Breast†																				
Bacon/ Pepperoni / Salami																				
Chicken Tikka					X									X						
Rotisserie-Style Chicken														X						
Nacho Chicken Bites					MC				MC					X						
Meatballs (in Marinara Sauce)					X									X						
Meatballs (in BBQ Sauce)					X									X	X					X
Breakfast Sausage Pattie														X						
Philly Steak*														X						
Pigs in Blankets														X						X
Tuna (With Lite Mayonnaise)				X	X															X
Poached Egg	Y			X																
Plant-Based Steak	Y	Y							X					X					MC	MC
Plant Patty	Y	Y							X					X					X	MC
<b>Cheese &amp; Vegetables</b>																				
American Sliced Cheese	Y				X															
Shredded Mozzarella & Cheddar Cheese / Mozzarella	Y				X															
Monterey Jack Cheddar Slices / Peppered Cheese	Y				X															
Brie	Y				X															
Vegan CheeZe	Y	Y																		
Jalapeños	Y	Y																		X
Lettuce / Cucumber / Mixed Peppers / Tomato	Y	Y																		
Onion / Pickles / Sweetcorn / Olives	Y	Y																		
<b>Sauces &amp; Condiments</b>																				
BBQ Sauce	Y														X					X
HP Brown Sauce	Y														X					
Chipotle Southwest Sauce	Y		X																	X
Extra Spicy Chipotle	Y																			X
Lite Mayonnaise	Y		X																	X
Garlic & Herb Sauce	Y	Y																		X
Teriyaki Sauce	Y	Y							X											X
Sweet Onion Sauce	Y	Y																		X
Tomato Ketchup	Y	Y																		X
Caesar Sauce	Y		X		X				X											X
Marinara Sauce / Salsa / Garlic-Infused Oil	Y	Y																		
Caramelised Red Onion in Balsamic Vinegar	Y	Y																		
Mango Habanero Sauce	Y	Y																		
Chimichurri Sauce	Y																			
Pesto	Y				X															
Crispy Onions	Y	Y												X						
Sea Salt / Mixed Peppercorns / Southwest Seasoning	Y	Y																		
<b>Desserts</b>																				
Footlong Cookie	Y		X		X				X	MC				X						
Footlong Churro	Y		X		X				X					X						
Caramel Sauce	Y				X															
Footlong Gingerbread Cookie	Y				X					MC				X						
Hazelnut Cookie	Y		MC		X				X	MC	Hazelnut			X						
Chocolate Chunk Cookie	Y		X		X				X	MC				X						
White Macadamia Cookie	Y		X		X				X	MC	Macadamia			X						
Rainbow Chocolate Chip Cookie	Y		X		X				X	MC				X						
Double Chocolate Cookie	Y	Y	MC		MC				X	MC				X						
Sticky Toffee Pudding Cookie	Y		MC		X				X	MC				X						
Raspberry Cheesecake Cookie	Y		X		X				X	MC				X						
Oreo® Muffin	Y		X		X				X	MC				X						
Sugared Donut / Chocolate Donut	Y		MC		X				X	MC				X						
<b>Snacks &amp; Sides</b>																				
Doritos® Nachos (Doritos® Lightly Salted Tortilla Chips)	Y				X				MC					MC	MC					
Doritos® Nachos (Doritos® Tangy Cheese Tortilla Chips)	Y				X				MC					X	MC					
Doritos® Nachos (Doritos® Chilli Heatwave Chips)	Y				X				X					X	MC					
Cheesy Bites	Y				X									X						
Chipotle Cheesy Bites	Y				X									X						
Hash Browns, Crinkle Wedges	Y	Y																		
Waffle Fries	Y	Y												X						
<b>Drinks</b>																				
Flavoured Coffee Syrups: Vanilla, Caramel	Y	Y																		
Flavoured Coffee Syrups: Hazelnut	Y	Y								Hazelnut										
Flavoured Coffee Syrups: Honeycomb	Y																			
Black Coffee / Black Tea	Y	Y			MC															
Cappuccino / Latte / Coffee With Milk / Tea With Milk	Y				X															
Hot Chocolate / Chocolate Sprinkles (for Cappuccino)	Y				X															
Fountain Drinks: Robinsons® Apple & Blackcurrant	Y	Y																		X
Fountain Drinks: Other	Y	Y																		

Although every care has been taken to remove bones, some may remain.

Although extra care has been taken to remove all olive stones, some may remain.

†Formed meat.

Our vegan ingredients may come into contact with non-vegan ingredients.

\*Our Gluten-Free Bread is manufactured in a gluten free facility. However, as other ingredients in our stores contain gluten and products are prepared on shared equipment, our Gluten-Free Bread may come into contact with gluten as we prepare your meal.

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Our vegan items are made to vegan recipes, however, they are not suitable for those with dairy & egg allergies.

	Ingredient suitable for vegetarians	Ingredient suitable for a vegan diet	Egg	Fish	Milk (lactose)	Peanuts	Sesame	Crustaceans	Soya	Tree Nuts	Cereals containing gluten					Sulphites	Celery	Mustard	Lupin	Molluscs
											Wheat	Barley	Oat	Rye	Spelt					
<b>Bread</b>																				
Italian White Bread	Y	Y							X		X									
Wholegrain Bread	Y	Y							X		X	X								
Wheat Bread	Y	Y							X		X	X	X	X						
Hearty Italian Bread	Y	Y							X		X									
Italian Herb & Cheese Bread	Y				X				X		X									
Honey & Oat Bread	Y				X				X		X	X	X	X						
Jalapeños Cheese Bread	Y				X				X		X				X					
Gluten-Free Bread*	Y	Y																		
Plain Tortilla Wrap	Y	Y									X									
<b>Halal Meat, Eggs &amp; Plant-Based Proteins</b>																				
Halal Roast Chicken Breast Strips / Halal Turkey Ham* / Halal Turkey Breast*																				
Halal Turkey Rashers* / Halal Pepperoni (Beef) / Halal Salami (Beef)																				
Halal Rotisserie-Style Chicken																				
Halal Chicken Tikka					X						X									
Halal Nacho Chicken Bites					MC				MC		X									
Halal Beef Meatballs (in Marinara Sauce)					X				X		X									
Halal Beef Meatballs (in BBQ Sauce)					X						X	X							X	
Halal Breakfast Turkey* Sausage Pattie											X									
Halal Philly Steak*												X								
Tuna (With Lite Mayonnaise)			X	X																X
Poached Egg	Y		X																	
Plant-Based Steak	Y	Y							X		X					MC	MC			
Plant Patty	Y	Y							X		X					X	MC			
<b>Cheese &amp; Vegetables</b>																				
American Sliced Cheese	Y				X															
Shredded Mozzarella & Cheddar Cheese / Mozzarella	Y				X															
Monterey Jack Cheddar Slices / Peppered Cheese	Y				X															
Brie	Y				X															
Vegan CheeZe	Y	Y															X			
Jalapeños	Y	Y																		
Lettuce / Cucumber / Mixed Peppers / Tomato	Y	Y																		
Onion / Pickles / Sweetcorn / Olives	Y	Y																		
<b>Sauces &amp; Condiments</b>																				
BBQ Sauce	Y											X								X
HP Brown Sauce	Y											X								
Chipotle Southwest Sauce / Extra Spicy Chipotle	Y		X																	X
Lite Mayonnaise	Y		X																	X
Garlic & Herb Sauce	Y	Y																		X
Teriyaki Sauce	Y	Y							X											
Sweet Onion Sauce	Y	Y																		X
Tomato Ketchup	Y	Y																		X
Caesar Sauce	Y		X		X				X											
Marinara Sauce / Salsa / Garlic-Infused Oil	Y	Y																		
Caramelised Red Onion in Balsamic Vinegar	Y	Y																		
Mango Habanero Sauce	Y	Y																		
Chimichurri Sauce	Y																			
Pesto	Y				X															
Crispy Onions	Y	Y									X									
Sea Salt / Mixed Peppercorns / Southwest Seasoning	Y	Y																		
<b>Desserts</b>																				
Footlong Cookie	Y		X		X				X	MC	X									
Footlong Churro	Y		X		X				X		X									
Caramel Sauce	Y				X															
Footlong Gingerbread Cookie	Y				X					MC	X									
Hazelnut Cookie	Y		MC		X				X	MC	Hazelnut	X								
Chocolate Chunk Cookie	Y		X		X				X	MC	X									
White Macadamia Cookie	Y		X		X				X	MC	Macadamia	X								
Rainbow Chocolate Chip Cookie	Y		X		X				X	MC	X									
Double Chocolate Cookie	Y	Y	MC		MC				X	MC	X									
Sticky Toffee Pudding Cookie	Y		MC		X				X	MC	X									
Raspberry Cheesecake Cookie	Y		X		X				X	MC	X									
Oreo® Muffin	Y		X		X				X	MC	X									
Sugared Donut / Chocolate Donut	Y		MC		X				X	MC	X									
<b>Snacks &amp; Sides</b>																				
Doritos® Nachos (Doritos® Lightly Salted Tortilla Chips)	Y				X				MC		MC	MC								
Doritos® Nachos (Doritos® Tangy Cheese Tortilla Chips)	Y				X				MC		X	MC								
Doritos® Nachos (Doritos® Chilli Heatwave Chips)	Y				X				X		X	MC								
Chipotle Cheesy Bites	Y				X						X									
Cheesy Bites	Y				X						X									
Hash Browns, Crinkle Wedges	Y	Y																		
Waffle Fries	Y	Y									X									
<b>Drinks</b>																				
Flavoured Coffee Syrups: Vanilla, Caramel	Y	Y																		
Flavoured Coffee Syrups: Hazelnut	Y	Y								Hazelnut										
Flavoured Coffee Syrups: Honeycomb	Y																			
Black Coffee / Black Tea	Y	Y			MC															
Cappuccino / Latte / Coffee With Milk / Tea With Milk	Y				X															
Hot Chocolate / Chocolate Sprinkles (for Cappuccino)	Y				X															
Fountain Drinks: Robinsons® Apple & Blackcurrant	Y	Y																		X
Fountain Drinks: Other	Y	Y																		

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